

## Affective Perception

**Rosalind W. Picard**

M.I.T. Media Laboratory  
E15-392, 20 Ames St., Cambridge MA 02139  
<http://www.media.mit.edu/~picard>

*Imagine you have just logged in to your new computer, and it is displaying some of its fancy features. It then begins asking you a series of questions. You are in a hurry to get to your email, but it pops up with yet another start-up window to set some option that is not necessary to configure now. You exhale, frown, mutter something under your breath, and proceed to type with a little more speed and intensity.*

The above scenario is one of many where a computer has caused an *affective* or emotional response. In this case, it was irritating its most important customer, the user. Despite the mantra of human-computer interaction--to design computers so as not to frustrate the user--computers still irritate, confuse, and annoy large numbers of people. Each of us can think of ways that the above interaction, or any single interaction, might be redesigned so that it would not frustrate us. Providing a “delay start-up options” button, for example, may be ideal for one person; however, that solution may confuse another person. There is rarely a one-size-fits-all solution for the growing variety of computer users and interactions.

People have skills for detecting when someone is annoyed or frustrated and for adapting to such affective cues. For example, if a human mentor is helping you with a task, then he or she can generally see when all is going well, vs. when might be good to interrupt. Three factors are especially important: 1. Perceiving the situation, 2. Perceiving affective expression, and 3. Knowing how interrupting at such a time was received in the past. If, for example, a student is repeatedly doing something wrong (situation), but they are acting very curious and interested (affect), then the mentor might leave them alone. If however, their frustration is growing to the point of quitting (same situation, different affect), then it might be good to interrupt. The ultimate strategy involves more than affect perception, but affect perception is critical.

One of the goals of affective computing research is to give computers the ability to help communicate emotion—receiving and sending emotional cues (Picard, 1997). If the interaction is primarily between you and the computer, then the goal of computer emotion perception is so that it can see such things as whether or not it has pleased you, and thereby adjust its response more helpfully. This research involves comfortably sensing user's affective information, reasoning about the situation, and synthesizing a sensitive and respectful response.

A number of labs have built tools that enable affective cues to be communicated directly or indirectly. Emotional valence (liking-disliking) can be directly communicated by clicking on a thumbs-up or thumbs-down icon, or whacking physical icons of similar appearance, which may appear on the side of the computer or computing appliance. Intensity can be expressed via pressure applied to the mouse or to a physical icon. Valence, intensity, and other aspects of affective state can also be sensed indirectly from visual, auditory, or physiological cues.

Although facial expression and tone-of-voice may seem most natural for human affect recognition, it is important to respect the privacy wishes of users, and not to impose such technology. Several users have expressed a preference for giving affective feedback via direct methods such as clicking on an icon or squeezing/hitting something. It would be ironic and irresponsible if affect-sensing technology, built to incorporate user feelings in the interaction, did not respect a user's feelings about how sensing was conducted.

One of the problems with so many “smart” features these days is that they sense *what* you're doing but not *how* you're doing it. Popular word processing software senses that you have misspelled a word, but not *how* you have tensed your muscles and grumbled as it keeps auto-correcting what you had, in fact, typed correctly. Even a dog senses *how* its master is responding and associates this feedback with its behavior. An infant senses *how* something is said long before he or she can understand *what* was said. To intelligently adapt behavior, living systems first perceive affective feedback.

Emotion plays a role in human perception. If subjects are asked to quickly jot words they hear, then they are more inclined to spell “presents” than “presence” if they are happy, and to spell “banned” than “band” if they are sad (Halberstadt *et al*, 1995). Similar results occur when subjects look at ambiguous facial expressions (Bouhuys *et al*, 1995). A variety of influences of emotion on perception have been described (Mayer and Salovey, 1993).

Computers might potentially reason about the influence of mood on perception, to help them better predict what a person is likely to perceive. The computer that sees you are in a bad mood may predict that neutral language is likely to be perceived as negative, given that a negative mood may bias the ambiguous neutral stimulus negatively. The computer might

thereby adjust its word choice in a way that would hardly be noticed, except that the communication would seem to have proceeded smoothly.

The ways in which affect is perceived, and in which it influences perception, are manifold and subtle. When they are missing, then human-human interaction is severely impaired. To the extent that human-machine interaction is natural and social, then machines will likely need affective skills. When the machine is being used as a hammer, then there is no need to clutter it with such features; however, when it is functioning as an assistant, helping you handle information overload and other complex tasks that require discerning and adapting to your individual goals, standards, and preferences, then affect perception will be a sign of intelligence.

Antoinette Bouhuys, Gerda M. Bloem, and Ton G.G. Groothuis. Induction of depressed and elated mood by music influences the perception of facial emotional expression in healthy subjects. *Journal of Affective Disorders*, 33:215--226, 1995.

Jamin B. Halberstadt, Paula M. Niedenthal, and Julia Kushner. Resolution of lexical ambiguity by emotional state. *Psychological Science*, 6(5):278--282, September 1995.

John D. Mayer and Peter Salovey. The intelligence of emotional intelligence. *Intelligence*, 17:433--442, 1993.

Rosalind W. Picard. *Affective Computing*. The MIT Press, Cambridge, MA, 1997.